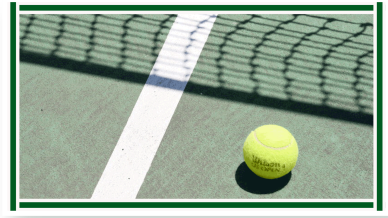


# Adult Tennis Academy



**Tuesday 9 – 10:30am**

*Starts: 1/3/12 Ends: 2/7/12*

*or*

**Friday 11:30am – 1pm**

*Starts: 1/6/12 Ends: 2/10/12*

*or*

**Sunday 8 - 9:30am**

*Starts: 1/8/12 Ends: 2/12/12*

## Details:

- 6 (1.5 hour) Group Lessons - \$135
- 6:1 ratio
- Led by John Vest, USPTA Certified Pro Level 1
- Academy players should be NTRP Rating 3.0 and above.
  - *If no NTRP rating, player must be evaluated.*

## Makeup Policy:

Make-ups will be scheduled for rain. Players may have a friend come in place of them if they miss a day. No other make-ups will be allowed.

## Description:

The Adult Academy is designed to help players succeed at their current level of play and learn the skills needed to advance. The class will focus on the real world point play scenarios, technique refinement, consistency, match-play, and proper footwork. The philosophy of the coaching is that practice should be challenging, but most of all FUN!



Lifetime Tennis / Cupertino Sports Center

21111 Stevens Creek Blvd. Cupertino 95014 (408) 777-3169 [www.lifetimetennis.com](http://www.lifetimetennis.com)

