

Fall 2017

ADULTS 16+

Session 1 runs 8 weeks long | Session 2 runs 7 weeks long | R= Resident N= Non-Resident | *No class 11/23

ADULT TENNIS CLASSES

LEVEL	RATIO	DAY	TIME	SESSION 1	CODE	FEES	SESSION 2	CODE	FEES
Beginning	4:1	M	12:00 - 1:00PM	9/4-10/23	1056	\$204 R/ \$224 N	10/30-12/11	2056	\$179 R/ \$196 N
Advanced Beginning	4:1	W	12:00 - 1:00PM	9/6-10/25	1057	\$204 R/ \$224 N	11/1-12/13	2057	\$179 R/ \$196 N
Intermediate	4:1	F	8:00 - 9:00AM	9/8-10/27	1058	\$204 R/ \$224 N	11/3-12/15	2058	\$179 R/ \$196 N
Intermediate	4:1	F	12:00 - 1:00PM	9/8-10/27	1059	\$204 R/ \$224 N	11/3-12/15	2059	\$179 R/ \$196 N
Beginning	6:1	M	6:30 - 8:00PM	9/4-10/23	1060	\$236 R/ \$260 N	10/30-12/11	2060	\$207 R/ \$228 N
Beginning	6:1	T	8:30 - 10:00AM	9/5-10/24	1061	\$236 R/ \$260 N	10/31-12/12	2061	\$207 R/ \$228 N
Beginning	6:1	W	6:30 - 8:00PM	9/6-10/25	1062	\$236 R/ \$260 N	11/1-12/13	2062	\$207 R/ \$228 N
Beginning	6:1	Sa	8:30 - 10:00AM	9/9-10/28	1063	\$236 R/ \$260 N	11/4-12/16	2063	\$207 R/ \$228 N
Beginning	6:1	Su	8:30 - 10:00AM	9/10-10/29	1064	\$236 R/ \$260 N	11/5-12/17	2064	\$207 R/ \$228 N
Advanced Beginning	6:1	M	8:00 - 9:30PM	9/4-10/23	1065	\$236 R/ \$260 N	10/30-12/11	2065	\$207 R/ \$228 N
Advanced Beginning	6:1	W	8:30 - 10:00AM	9/6-10/25	1066	\$236 R/ \$260 N	11/1-12/13	2066	\$207 R/ \$228 N
Advanced Beginning	6:1	W	8:00 - 9:30PM	9/6-10/25	1067	\$236 R/ \$260 N	11/1-12/13	2067	\$207 R/ \$228 N
Advanced Beginning	6:1	Sa	10:00 - 11:30AM	9/9-10/28	1068	\$236 R/ \$260 N	11/4-12/16	2068	\$207 R/ \$228 N
Advanced Beginning	6:1	Su	10:00 - 11:30AM	9/10-10/29	1069	\$236 R/ \$260 N	11/5-12/17	2069	\$207 R/ \$228 N
Intermediate	6:1	M	8:00 - 9:30PM	9/4-10/23	1070	\$236 R/ \$260 N	10/30-12/11	2070	\$207 R/ \$228 N
Intermediate	6:1	W	8:00 - 9:30PM	9/6-10/25	1071	\$236 R/ \$260 N	11/1-12/13	2071	\$207 R/ \$228 N
Intermediate	6:1	F	8:30 - 10:00AM	9/8-10/27	1072	\$236 R/ \$260 N	11/3-12/15	2072	\$207 R/ \$228 N
Intermediate	6:1	Sa	11:30AM - 1:00PM	9/9-10/28	1073	\$236 R/ \$260 N	11/4-12/16	2073	\$207 R/ \$228 N
Intermediate	6:1	Su	11:30AM - 1:00PM	9/10-10/29	1074	\$236 R/ \$260 N	11/5-12/17	2074	\$207 R/ \$228 N

ADULT ROTATING PARTNER LEAGUE: An extra outlet for practice. Gain match experience & develop skills in a social environment.

LEVEL	DAY	TIME	SESSION 1	CODE	FEES	REQUIREMENT
Advanced Beginning - Intermediate	Su	6:00 - 8:00PM	9/10-11/12	1098	\$160 R/ \$176 N	Must be enrolled in an adult tennis class.

ADULT SPECIALTY CLASSES

^Level intermediate + required

LEVEL	RATIO	DAY	TIME	SESSION 1	CODE	FEES	SESSION 2	CODE	FEES
Cardio	6:1	W	8:00 - 8:45PM	9/6-10/25	1075	\$119 R/ \$130 N	11/1-12/13	2075	\$104 R/ \$114 N
Cardio	6:1	Sa	8:30 - 9:15AM	9/9-10/28	1076	\$119 R/ \$130 N	11/4-12/16	2076	\$104 R/ \$114 N
Net Game^	6:1	Sa	2:00 - 3:00PM	9/9-10/28	1077	\$159 R/ \$174 N	11/4-12/16	2077	\$139 R/ \$152 N
Serve/Return^	6:1	Sa	3:00 - 4:00PM	9/9-10/28	1078	\$159 R/ \$174 N	11/4-12/16	2078	\$139 R/ \$152 N
Forehand/Backhand^	6:1	Sa	4:00 - 5:00PM	9/9-10/28	1079	\$159 R/ \$174 N	11/4-12/16	2079	\$139 R/ \$152 N
Ladies Drill^	6:1	T	7:00 - 8:00PM	9/5-10/24	1080	\$159 R/ \$174 N	10/31-12/12	2080	\$139 R/ \$152 N
Men's Drill^	6:1	T	8:00 - 9:00PM	9/5-10/24	1081	\$159 R/ \$174 N	10/31-12/12	2081	\$139 R/ \$152 N

USTA PREP ACADEMY

*No class 11/23

LEVEL	RATIO	DAY	TIME	SESSION 1	CODE	FEES	SESSION 2	CODE	FEES
NTRP 2.5 - 3.0	6:1	T	6:30 - 8:00PM	9/5-10/24	1082	\$236 R/ \$260 N	10/31-12/12	2082	\$207 R/ \$228 N
NTRP 2.5 - 3.0	6:1	Su	8:30 - 10:00AM	9/10-10/29	1083	\$236 R/ \$260 N	11/5-12/17	2083	\$207 R/ \$228 N
NTRP 3.0+	6:1	T	9:00 - 10:30AM	9/5-10/24	1084	\$236 R/ \$260 N	10/31-12/12	2084	\$207 R/ \$228 N
NTRP 3.0+	6:1	Th	9:00 - 10:30AM	9/7-10/26	1085	\$236 R/ \$260 N	11/2-12/14*	2085	\$207 R/ \$228 N
NTRP 3.5 - 4.0	6:1	Th	6:30 - 8:00PM	9/7-10/26	1086	\$236 R/ \$260 N	11/2-12/14*	2086	\$207 R/ \$228 N
NTRP 3.5 - 4.0	6:1	Su	10:00 - 11:30AM	9/10-10/29	1087	\$236 R/ \$260 N	11/5-12/17	2087	\$207 R/ \$228 N
NTRP 4.0+	6:1	W	6:30 - 8:00PM	9/6-10/25	1088	\$236 R/ \$260 N	11/1-12/13	2088	\$207 R/ \$228 N
NTRP 4.0+	6:1	F	6:30 - 8:00PM	9/8-10/27	1089	\$236 R/ \$260 N	11/3-12/15	2089	\$207 R/ \$228 N

MATCHPLAY: Must be enrolled in a USTA Prep Academy class to participate in Matchplay.

*No class 11/23

LEVEL	DAY	TIME	SESSION 1	CODE	FEES	SESSION 2	CODE	FEES
NTRP 2.5-3.0	Th	8:00 - 9:30PM	9/7-10/26	1090	\$77 R/ \$85 N	11/2-12/14*	2090	\$67 R/ \$75 N
NTRP 3.5+	M	8:00 - 9:30PM	9/4-10/23	1091	\$77 R/ \$85 N	10/30-12/11	2091	\$67 R/ \$75 N

Lifetime Activities

755 South Mathilda Ave.
Sunnyvale, CA 94087

Register Online at
www.lifetimeactivities.com

408.735.7285
M-F 8am-10pm | Sa/Su 8a-8pm